USEFUL RESOURCES

FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

Here is a collection of some reliable websites you can visit for health information. Many of these are directed specifically to the Veteran or military population.

GOVERNMENT SITES

- **Department of Veterans Affairs (VA)**
  http://www.va.gov
  VA provides links to Veteran-related issues and concerns.

- **Office of Public Health, Washington, DC**
  http://www.publichealth.va.gov
  This office coordinates programs and services for Veterans regarding environmental exposures encountered during military service.

- **War Related Illness and Injury Study Center (WRIISC)**
  The WRIISC evaluates Veterans with post deployment health concerns and chronic symptoms without medical diagnosis. This website contains a variety of resources on general health topics and post deployment illnesses.

  http://www.oefoif.va.gov
  VA provides links for returned service members.

- **VA Women Veterans**
  http://www.womenshealth.va.gov

- **VA Caregiver Support**
  http://www.caregiver.va.gov

- **U.S. Army Medical Department - United States Army Public Health Command**
  http://phc.amedd.army.mil
  Here, you can find a surplus of health information and other services. This is a world-class provider of public health services across the Department of the Army (DA) and Department of Defense (DoD).

- **Deployment Health Clinical Center Health Information website**
  http://www.PDHealth.mil
  This website is a resource for clinicians, Veterans, and their families. Its goal is to create a trusting partnership between military men and women, Veterans, their families, and providers to ensure high quality care.

OTHER GOVERNMENT SITES

- **National Academies of Sciences Engineering Medicine- Health and Medicine Division (HMD)**
  http://nationalacademies.org/HMD
  The Health and Medicine Division (HMD) produces reports on the health and protection of deployed military forces and Veterans. This site provides information about work in this area, including summaries and recommendations from past reports, as well as explanations of chemical and biological agents, and links to ongoing projects.

- **National Institutes of Health (NIH)**
  http://health.nih.gov
  The NIH provides a list of health topics, references for research and current studies, and links to other health-related sites.

- **Centers for Disease Control and Prevention (CDC)**
  http://www.cdc.gov
  This website provides information on environmental health concerns. Environmental health at CDC strives to promote health and quality of life by preventing or controlling those diseases or deaths that result from interactions between people and their environments.

- **MedlinePlus**
  http://medlineplus.gov
  This website provides a searchable database on health topics and information. It is sponsored by the US National Library of Medicine and the National Institutes of Health.
• Healthfinder®
  http://www.healthfinder.gov
Healthfinder® is an award-winning Federal website, developed by the U.S. Department of Health and Human Services together with other Federal agencies. Since 1997, Healthfinder® has been recognized as a key resource for finding the best government and nonprofit health and human services information on the Internet. Healthfinder® links to carefully selected information and websites from over 1,800 health-related organizations.

Social Security for Veterans
http://www.socialsecurity.gov/people/veterans
This site provides information about Social Security, why it is important, and some of the services provided for Veterans.

GENERAL HEALTH
• My HealtheVet
  https://www.myhealth.va.gov
• Krames
  http://www.geisinger.kramesonline.com/

Chronic Pain Information
• MedlinePlus
  https://medlineplus.gov/chronicpain.html

Smoking Cessation
• Smoke Free
  http://www.smokefree.gov

MENTAL HEALTH
• National Institute of Mental Health
• Mental Health America
• Mental Illness Research, Education and Clinical Centers (MIRECC)
  http://www.mirecc.va.gov/coaching

Post-Traumatic Stress Disorder (PTSD) and Traumatic Stress
• National Center for PTSD Program of the Department of Veterans Affairs
  http://www ptsd.va.gov
• Mayo Clinic
  http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/definition/con-20022540

Traumatic Brain Injury (TBI)
• National Center for PTSD
  http://www.ptsd.va.gov/PTSD/index.asp
• The Defense and Veterans Brain Injury Center
  http://dvbic.dcoe.mil
• CDC Facts about TBI
  http://www.cdc.gov/traumaticbraininjury/get_the_facts.html

READJUSTMENT TO CIVILIAN LIFE AFTER DEPLOYMENT
• Vet Centers
  http://www.vetcenter.va.gov
The Vet Centers program assists Veterans and their family members toward a successful post-war adjustment in or near their community.
• Military OneSource
  http://www.militaryonesource.mil
• After Deployment
  http://afterdeployment.dcoe.mil
• Defense Centers of Excellence
  http://dvbic.dcoe.mil
• The Mission Continues
  http://www.missioncontinues.org
• Vietnam Veterans of America
  http://www.vva.org
• Yellow Ribbon Foundation
  http://www.yellowribbonfoundation.com
• Navy/Marine Corps Relief Society (NMCRS)
  http://www.nmcrs.org
• Army Emergency Relief  
  http://www.aerhq.org
• Air Force Aid Society  
  http://www.afas.org
• Army OneSource  
  http://www.myarmyonesource.com

Employment
• VA Jobs  
  http://www.va.gov/jobs/
• Department of Labor  
  http://www.dol.gov/elaws/evets.htm
• Helmets to Hardhats  
  http://www.helmetstohardhats.org
• U.S. Department of Defense - Troops to Teachers  
  http://www.proudtoserveagain.com
• Soldier for Life – Transition Assistance Program  
  https://www.sfl-tap.army.mil
• GI Jobs  
  http://www.gijobs.com
• Show Your Stripes  
  http://www.showyourstripes.org/

Education and Financial Assistance
• GI Bill  
  http://www.benefits.va.gov/gibill/
• Military Order of the Purple Heart  
  http://www.purpleheart.org/

Peer Support
• Vets4Warriors  
  https://vets4warriors.com
• Wounded Warrior Project  
  http://www.woundedwarriorproject.org

COMPLEMENTARY AND ALTERNATIVE MEDICINE
• National Center for Complementary and Alternative Medicine  
  http://nccam.nih.gov

OTHER NON-GOVERNMENT SITES
• Angel Flight NE  
  http://www.angelflightne.org
  This nonprofit organization provides air transportation to those whose medical problems require travel that is otherwise not affordable.
• Veterans Consortium Pro-Bono Program  
  http://www.vetsprobono.org
  This program provides representation to Veterans in the U.S. Court of Appeals for Veterans Claims.
• Iraq and Afghanistan Veterans of America  
  http://www.iava.org
  This organization provides support to new Veterans through programs for health, education, employment and community building.