USEFUL RESOURCES
FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

Here is a collection of some reliable websites you can visit for health information. Many of these are directed specifically to the Veteran or military population.

GOVERNMENT SITES

- Department of Veterans Affairs (VA)
  http://www.va.gov
  VA provides links to Veteran-related issues and concerns.

- Office of Public Health, Washington, DC
  http://www.publichealth.va.gov
  This office coordinates programs and services for Veterans regarding environmental exposures encountered during military service.

- War Related Illness and Injury Study Center (WRIISC)
  The WRIISC evaluates Veterans with post deployment health concerns and chronic symptoms without medical diagnosis. This website contains a variety of resources on general health topics and post deployment illnesses.

  http://www.oefoif.va.gov
  VA provides links for returned service members.

- VA Women Veterans
  http://www.womenshealth.va.gov/

- VA Caregiver Support
  http://www.caregiver.va.gov

- U.S. Army Medical Department - United States Army Public Health Command
  http://phc.amedd.army.mil
  Here, you can find a surplus of health information and other services. This is a world-class provider of public health services across the Department of the Army (DA) and Department of Defense (DoD).

- Deployment Health Clinical Center Health Information website
  http://www.PDHealth.mil
  This website is a resource for clinicians, Veterans, and their families. Its goal is to create a trusting partnership between military men and women, Veterans, their families, and providers to ensure high quality care.

- Deployment Health Family Readiness Library
  http://deploymenthealthlibrary.fhp.osd.mil
  This library provides an easy way to find deployment health and family readiness information. Within this library, you’ll find access to fact sheets, guides, and other products on a wide variety of topics.

OTHER GOVERNMENT SITES

- Institute of Medicine
  http://www.iom.edu
  The Institute of Medicine produces reports on the health and protection of deployed military forces and Veterans. This site provides information about work in this area, including summaries and recommendations from past reports, as well as explanations of chemical and biological agents, and links to ongoing projects.

- National Institutes of Health (NIH)
  http://health.nih.gov
  The NIH provides a list of health topics, references for research and current studies, and links to other health-related sites.

- Centers for Disease Control and Prevention (CDC)
  http://www.cdc.gov
  This website provides information on environmental health concerns. Environmental health at CDC strives to promote health and quality of life by preventing or controlling those diseases or deaths that result from interactions between people and their environments.

- MedlinePlus
  http://medlineplus.gov
  This website provides a searchable database on health topics and information. It is sponsored by the US National Library of Medicine and the National Institutes of Health.
• Healthfinder®
http://www.healthfinder.gov
Healthfinder® is an award-winning Federal website, developed by the U.S. Department of Health and Human Services together with other Federal agencies. Since 1997, Healthfinder® has been recognized as a key resource for finding the best government and nonprofit health and human services information on the Internet. Healthfinder® links to carefully selected information and websites from over 1,800 health-related organizations.

Social Security for Veterans
http://www.socialsecurity.gov/people/veterans
This site provides information about Social Security, why it is important, and some of the services provided for Veterans.

GENERAL HEALTH
• My HealtheVet
https://www.myhealth.va.gov/index.html
• Krames
http://www.geisinger.kramesonline.com/

Chronic Pain Information
• MedlinePlus

Smoking Cessation
• Smoke Free
http://www.smokefree.gov

MENTAL HEALTH
• National Institute of Mental Health
• Mental Health America
• Mental Illness Research, Education and Clinical Centers (MIRECC)
http://www.mirecc.va.gov/coaching

Post-Traumatic Stress Disorder (PTSD) and Traumatic Stress
• National Center for PTSD Program of the Department of Veterans Affairs
http://www.ptsd.va.gov
• Mayo Clinic
http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/definition/con-20022540

Traumatic Brain Injury (TBI)
• National Center for PTSD
http://www.ptsd.va.gov/PTSD/index.asp
• The Defense and Veterans Brain Injury Center
http://www.dvbic.org
• CDC Facts about TBI
http://www.cdc.gov/traumaticbraininjury/get_the_facts.html

READJUSTMENT TO CIVILIAN LIFE AFTER DEPLOYMENT
• Vet Centers
http://www.vetcenter.va.gov
The Vet Center program assists Veterans and their family members toward a successful post-war adjustment in or near their community.
• Military OneSource
http://www.militaryonesource.mil/
• After Deployment
http://afterdeployment.t2.health.mil/
• Defense Centers of Excellence
http://www.dcoe.mil/
• The Mission Continues
http://www.missioncontinues.org
• Vietnam Veterans of America
http://www.vva.org
• Yellow Ribbon Foundation
http://www.yellowribbonfoundation.com
• Navy/Marine Corps Relief Society (NMCRS)
http://www.nmcrs.org
• Army Emergency Relief  
  http://www.aerhq.org

• Air Force Aid Society  
  http://www.afas.org

• MyArmyBenefits  

Employment
• VA Jobs  
  http://www.va.gov/jobs/

• Department of Labor  
  http://www.dol.gov/elaws/evets.htm

• Helmets to Hardhats  
  http://www.helmets2hardhats.org

• U.S. Department of Defense -Troops to Teachers  
  http://www.proudtoserveagain.com

• Soldier for Life – Transition Assistance Program  

• Army Career and Alumni Program  

• GI Jobs  
  http://www.gijobs.com

• Show Your Stripes  
  http://www.showyourstripes.org/

Education and Financial Assistance
• GI Bill  
  http://www.benefits.va.gov/gibill/

• Military Order of the Purple Heart  
  http://www.purpleheart.org/

Peer Support
• Vets4Warriors  
  http://www.vets4warriors.com/

• Wounded Warrior Project  
  http://www.Woundedwarriorproject.org

COMPLEMENTARY AND ALTERNATIVE MEDICINE
• National Center for Complementary and Alternative Medicine  
  http://nccam.nih.gov

OTHER NON-GOVERNMENT SITES
• Angel Flight NE  
  http://www.angelflightne.org/
  This nonprofit organization provides air transportation to those whose medical problems require travel that is otherwise not affordable.

• Veterans Consortium Pro-Bono Program  
  http://www.vetsprobono.org
  This program provides representation to Veterans in the U.S. Court of Appeals for Veterans Claims.

• Iraq and Afghanistan Veterans of America  
  http://www.iava.org
  This organization provides support to new Veterans through programs for health, education, employment and community building.