USEFUL RESOURCES
FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

Here is a collection of some reliable websites you can visit for health information. Many of these are directed specifically to Veterans or service members.

VA GOVERNMENT SITES

- Department of Veterans Affairs (VA)  http://www.va.gov
- VA Health Outcomes Military Exposures  http://www.publichealth.va.gov
- War Related Illness and Injury Study Center (WRIISC)  http://www.WarRelatedIllness.va.gov
- VA Women Veterans  http://www.womenshealth.va.gov
- VA Office of Research & Development  https://www.research.va.gov/
- VA Caregiver Support  http://www.caregiver.va.gov
- VA Benefits Administration  https://benefits.va.gov/benefits/
  - VA Office of Public and Intergovernmental Affairs-Chapter 2 Service-connected Disabilities  https://www.va.gov/opa
- VA Mental Health  http://www.mentalhealth.va.gov
- Mental Illness Research, Education and Clinical Centers (MIRECC)  http://www.mirecc.va.gov/coaching
- National Center for PTSD Program of the Department of Veterans Affairs  http://www.ptsd.va.gov
- VA Mobile Apps  https://mobile.va.gov/appstore
- My HealtheVet  https://www.myhealth.va.gov
- VA Whole Health  https://www.va.gov/wholehealth/
- VA Jobs  http://www.va.gov/jobs/
- Vet Centers  http://www.vetcenter.va.gov
- VA Directory of Veterans Service Organizations  https://www.va.gov/vso/

NON-VA GOVERNMENT SITES

- National Academies of Sciences Engineering Medicine- Health and Medicine Division (HMD)  http://nationalacademies.org/HMD
- National Institutes of Health (NIH)  http://health.nih.gov
- Centers for Disease Control and Prevention (CDC)  http://www.cdc.gov
- MedlinePlus  http://medlineplus.gov
- Healthfinder®  https://health.gov/myhealthfinder
- Social Security for Veterans  http://www.socialsecurity.gov/people/veterans

GENERAL HEALTH

- Krames  http://www.geisinger.kramsonline.com/
- Smoke Free  https://veterans.smokefree.gov/
MENTAL HEALTH

• Veterans’ Crisis Line
  https://www.veteranscrisisline.net/
• National Institute of Mental Health
• Mental Health America
  http://www.mhamerica.net/conditions/post-traumatic-stress-disorder

Post-Traumatic Stress Disorder (PTSD) and Traumatic Stress

• Mayo Clinic
  http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/definition/con-20022540

Traumatic Brain Injury (TBI)

• The Defense and Veterans Brain Injury Center
• CDC Facts about TBI
  http://www.cdc.gov/traumaticbraininjury/get_the_facts.html

READJUSTMENT TO CIVILIAN LIFE AFTER DEPLOYMENT

• Military OneSource
  http://www.militaryonesource.mil
• After Deployment
  https://www.afterdeployment.org/
• The Mission Continues
  http://www.missioncontinues.org
• Vietnam Veterans of America
  http://www.vva.org
• Yellow Ribbon Foundation
  http://www.yellowribbonfoundation.com
• Navy/Marine Corps Relief Society (NMCRS)
  http://www.nmcrs.org
• Official Non-Profit of the US Army
  http://www.aerhq.org
• Air Force Assistance Fund
  http://www.afas.org
• Military OneSource
  https://www.militaryonesource.mil/

Employment

• Department of Labor
  https://www.dol.gov/
• Helmets to Hardhats
  http://www.helmetsstohardhats.org
• U.S. Department of Defense -Troops to Teachers
  http://www.proudotoserveagain.com
• Soldier for Life – Transition Assistance Program
  https://www.sfl-tap.army.mil
• GI Jobs
  http://www.gijobs.com
• Show Your Stripes
  http://www.showyourstripes.org/

Education and Financial Assistance

• Gi Bill
  http://www.benefits.va.gov/gibill/
• Military Order of the Purple Heart
  http://www.purpleheart.org/
• Angel Flight NE
  http://www.angelflightne.org
• Veterans Consortium Pro-Bono Program
  http://www.vetsprobono.org

PEER SUPPORT

• Vets4Warriors
  https://vets4warriors.com
• Wounded Warrior Project
  http://www.woundedwarriorproject.org
• Make the Connection
  https://www.maketheconnection.net/

COMPLEMENTARY AND ALTERNATIVE MEDICINE

• National Center for Complementary and Alternative Medicine
  http://nccam.nih.gov

For more information, contact 800-248-8005 | www.WarRelatedIllness.va.gov

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