

# Volunteers Needed

## TREATMENT STUDY for GULF WAR VETERANS with INSOMNIA

### Who is Eligible?

- Veterans who deployed during Gulf War I (1990-1991)
- Veterans who have had trouble sleeping for 3 months or longer

### What is Required:

- Research study consists of 10 sessions
- 6 treatment sessions over 6 weeks at the Washington, D.C. VAMC
- Phone and in-person screening visit before the first treatment session and follow up immediately after treatment and 32 weeks later at the Washington, D.C. VAMC
- Compensation: Veterans are paid for all of the sessions (\$275 total).

*Please contact the CBTi Study Team at **202-745-8000 ext. 57553***

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