Volunteers Needed

TREATMENT STUDY
for GULF WAR VETERANS with INSOMNIA

Who is Eligible?
• Veterans who deployed during Gulf War I (1990-1991)
• Veterans who have had trouble sleeping for 3 months or longer

What is Required:
• Research study consists of 10 sessions
• 6 treatment sessions over 6 weeks at the Washington, D.C. VAMC
• Phone and in-person screening visit before the first treatment session and follow up immediately after treatment and 32 weeks later at the Washington, D.C. VAMC
• Compensation: Veterans are paid for all of the sessions ($275 total).

Please contact the CBTi Study Team at 202-745-8000 ext. 57553

Principal Investigator: Matthew Reinhard, Psy.D.