WRIISC PROVIDER AVAILABLE EDUCATION COLLECTIONS:

Accredited with Descriptions

To facilitate VA provider/staff access and uptake of learning, we have organized our available curricula into “Collections.” Each collection has also been given a stylized “thumbnail” which will appear in TMS to again increase both awareness ease of search/access.

Notes:
1). The On-Demand E-Learning is listed as its own collection. Appropriate modules are also listed as part of other relevant collections. Webinar curricula is listed in each collection accordingly: educational level > most current.
2) Once a webinar is hosted “live”, curriculum is available on WRIISC SharePoint site until it completes “enduring” accreditation process (which takes approximately 3 months) at which time appropriate TMS links will be added to the document.*
3) Curriculum not accredited as enduring, is only accessible on SharePoint.**
4) Archived non-accredited curricula available in SharePoint (w/o recording) due to removal of Flash outdated technology.***

WRIISC-HOME ACCREDITED COLLECTIONS

Note: All accredited curricula offer one (1) CEU of contact hour credit unless otherwise noted.

- **COLLECTION 1: On-Demand Curricula in Post-Deployment Health**
  (Essential post-deployment health curriculum which equips providers and community affiliates with the critical knowledge needed to address Veterans unique health concerns and provide recommendation for Veteran care and management).

- **COLLECTION 2: Airborne Hazards**
  (Provides clinicians with the knowledge needed to identify and understand deployment-related airborne and burn-pit hazard concerns of Veterans).

- **COLLECTION 3: Exposures**
  (Increases knowledge on how to recognize the role and importance of deployment related exposure assessment, identify steps for determining deployment related environmental exposures, provide available post deployment health resources, and describe approaches to communicating deployment related exposure issues to Veterans, their caregivers, and their family members).

- **COLLECTION 4: Gulf War Illness**
  (Provides the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi Symptom Illness as it can be applied to Gulf War Illness).

- **COLLECTION 5: Chronic Multi-symptom Illness**
  (Provides insight into chronic multi-symptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care).

- **COLLECTION 6: Whole Health/Integrative Functional Medicine**
  (Increases knowledge about functional and integrative medicine and provides tools on various approaches that can improve Veteran care).

- **COLLECTION 7: Cognitive & Psychological Health**
  (Provides insight about Veteran combat experiences, mental health issues and therapy approaches and services to support Veteran care).

- **COLLECTION 8: Special Topics**
  (Encompasses a range topics, perspectives and recommendations to improve Veteran care).
COLLECTION 1: On-Demand Curricula in Post-Deployment Health

Total CEUs for the On-Demand Series = 5.75 Credits

**MODULE 1**
Assessing Deployment Related Environmental Exposures  
90 Minutes = 1.50 CEUs  
TRAIN: ID: 1070234  
TMS: ID: 33195
Intends to increase clinician knowledge and to inform learners about how to recognize the role and importance of deployment related exposure assessment, identify steps for determining deployment related environmental exposures, provide available post deployment health resources, and describe approaches to communicating deployment related exposure issues to Veterans, their caregivers, and their family members.

**MODULE 2**
Airborne Hazards  
60 Minutes = 1.0 CEU  
TRAIN: ID: 1070422  
TMS: ID: 33405
Provides clinicians with the knowledge needed to identify and understand deployment-related airborne hazards concerns of Veterans.

**MODULE 3**
Gulf War Illness  
60 Minutes = 1.0 CEU  
TRAIN: ID: 1074205  
TMS: ID: 34572
Provides health care providers with the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi Symptom Illness as it can be applied to Gulf War Illness.

Updated: 4/4/2022
**MODULE 4**
Chronic Multi-symptom illness
75 Minutes = 1.25 CEUs
TRAIN: ID: 1084440
TMS: ID: 38029
Offers healthcare professionals an opportunity to gain insight into chronic multi-symptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care.

**MODULE 5:**
Depleted Uranium and Toxic Embedded Fragments
60 Minutes = 1.0 CEU
TRAIN: ID: 1087697
TMS: ID: 39365
Provides health care professionals with knowledge about the current research on health effects in Depleted Uranium or DU-exposed (Pronounced D-U) populations, information about enrolling Veterans with suspected DU or toxic embedded fragments (TEF) fragments into VA registry programs, and guidance about the clinical approach to Veterans with TEF.

**COLLECTION 2: Airborne Hazards**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES***
  Anays Sotolongo, MD - NJ WRIISC; Drew Helmer, MD - IQuEST; Kyler Godwin, PhD; IQuEST
  Increases understanding of Airborne Hazards and Open Burn Pit Registry (AHOBPR) exams and identifies best practices for integrating AHOBPR exams into the broader context of the AHOBPR and clinical care.

- VA’s Airborne Hazards and Burn Pits Center of Excellence: Evaluating Dyspnea) (September 24, 2019):
  Mike Falvo, PhD - NJ WRIISC; Anays Sotolongo, MD - NJ WRIISC
  Provides healthcare teams with diagnostic information, potential causes in Veterans, and insight on best practices for improved clinical evaluation for unexplained dyspnea.
  [https://bcove.video/2LRL7yf](https://bcove.video/2LRL7yf)**

**INTERMEDIATE LEVEL COURSES**
- WRIISC-PDHS Respiratory Issues of Returning Combat Veterans (March 9, 2021):
  TMS: ID# 44408 TRAIN: ID#1098250
  Michael J. Falvo, PhD, RCEP - NJ WRIISC; Anays Sotolongo, MD - NJ WRIISC
  Offers provides a better understanding of respiratory issues that concern returning combat Veterans and elaborates on known clinical methods that are optimal for evaluating them.
**WRIISC PROVIDER AVAILABLE EDUCATION COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ no Descriptions**

- **WRIISC-PDHS The Airborne Hazards & Open Burn Pit Registry Follow-up Exam: What We’ve Learned (July 14, 2020):**
  TMS: ID# **43714** TRAIN: ID# **1098312**
  Michael J. Falvo, PhD, RCEP - NJ WRIISC; Eric Shuping, MD, MPH, FAAFP - HOME; Anays Sotolongo, MD - NJ WRIISC
  Focuses on AHOBPR clinical exams and more advanced evaluations occurring at the Airborne Hazards and Burn Pits Center of Excellence (AHBPCE).
  [https://bcove.video/3qIE4KG*](https://bcove.video/3qIE4KG*)

**COLLECTION 3: Exposures**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Infectious Diseases, Vaccinations, Antimalarials (March 8, 2022):** John P. Barrett, MD, MPH, MS, FAAAHP, FACPM - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Peter D. Rumm, MD, MPH, FACPM - HOME
  Review and discuss Gulf War infectious diseases, common vaccine and biochemical warfare concerns of deployed Veterans; Discuss research and potential health effects; Highlight useful clinical resources.
  [http://va-eerc-ees.adobeconnect.com/pc1k7af0aq1b/](http://va-eerc-ees.adobeconnect.com/pc1k7af0aq1b/)

- **WRIISC-HOME Individual Longitudinal Exposure Record and Exposure Assessments: 75 Minutes = 1.25 CEUs (January 11, 2022):**
  TMS ID: **131002496** TRAIN ID: **1102471** John Barrett, MD, MPH, MS - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Eric Shuping, MD, MPH - HOME; Larry Vandergrift - DoD
  Educates providers and registry clinicians on VA/DoD Military Occupational and Exposure Assessments for Veterans and use of the ILER.
  [http://va-eerc-ees.adobeconnect.com/p2gnmz44bfo0/](http://va-eerc-ees.adobeconnect.com/p2gnmz44bfo0/)

- **WRIISC-HOME Hot Topics in Environmental Exposures: Lead, Anti-Malarials and K-2: Introductory (September 14, 2021):**
  TMS ID: **131001987** TRAIN ID: **1102355** Patricia Hastings, DO, MPH - HOME; Peter D. Rumm, MD, MPH - HOME; Eric Shuping, MD - HOME
  Supplies the Veteran community with best practices to properly address military exposures with heightened concern.

- **WRIISC-PDHS VA Telehealth Use: Environmental Health Registry Telehealth Services (May 11, 2021):**
  TMS: ID# **45123** TRAIN: ID **1101010**
  Michelle Robertson, MD, MPH - NJ WRIISC; Peter D. Rumm, MD, MPH - HOME
  Discusses telehealth use in health care, and in particular - environmental health registries. Elaborates on these registries as a means to increase Veteran access to VA care.

- **Garrison Exposures and Emerging Health Concerns Dealing with Polyfluoroalkyl Substances (PFAS) (April 9, 2019):**
  Terra Vincent, PhD - HOME; Omowunmi Osinubi, MD - NJ WRIISC; Susan Santos, PhD, MS – NJ WRIISC
  Provides an overview of current scientific knowledge regarding the potential health effects of PFAS exposure, information to address Veteran garrison (non-deployment related) environmental exposure and health concerns, and ongoing actions by federal agencies to respond to PFAS contamination-related issues.
  [https://bcove.video/3cZwZyB**](https://bcove.video/3cZwZyB**)

Updated: 4/4/2022
**WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ no Descriptions**

- **Introduction to the National Environmental Health Program - Relevance to Veteran Care (November 27, 2018):**
  Jerrold Flyer, MD, MA - Boise VAMC; Sandra Gracia-Lopez, MD, DABNM, DABNC - VISN 8; Peter D. Rumm, MD, MPH - HOME; Shanna Smith, DrPH, MPH - HOME; Rudy Tacoronti, MD, MPH, CMRO, CDME, ACME - Atlanta VAMC; Douglas Turner, MSA, MCP, MCSA, MCSE - Pittsburgh VAHS
  Discusses the current structure and roles of PDHS/WRIISC and reviews the registry exam process, the structure of environmental health clinics, and the roles that key staff play in those clinics.
  [https://bcove.video/389IGTh**](https://bcove.video/389IGTh)

- **Agent Orange and Vietnam Veterans (July 17, 2018):**
  Marybeth Heffernan, MSN, RN, APN-C - NJ WRIISC; Michelle Prisco, MSN, ANP-C - DC WRIISC; Peter Rumm, MD, MPH - HOME
  Explains the history of Agent Orange (AO), what Agent Orange is, the potential health risks associated with this exposure, and what and how presumptions for Agent Orange disease are determined are reviewed. Agent Orange resources are introduced. Plus, how to conduct a good history and physical exam that addresses Vietnam Veterans’ Agent Orange concerns as well as ongoing Agent Orange research is discussed.
  [https://bcove.video/3nmW7oj**](https://bcove.video/3nmW7oj)

- **Depleted Uranium Exposures and Embedded Metal Fragments – What Providers Need to Know (February 6, 2018):**
  Melissa McDiarmid, MD, MPH, DABT - Baltimore VAMC; Joanna Gaitens, PhD, MS, MPH, RN - VA Toxic Embedded Fragment Surveillance Center
  Raises awareness and educates health care providers about: 1) the potential health risks associated with DU and toxic embedded fragments and 2) existing VA clinical surveillance programs that assess Veterans exposed to DU and embedded fragments.
  [https://bcove.video/2JXmmn1**](https://bcove.video/2JXmmn1)

**INTERMEDIATE LEVEL COURSES**

- **WRIISC-HOME Garrison Exposures: Camp Lejeune, Fort McClellan & PFAS: 75 Minutes = 1.25 CEUs (June 8, 2021):**
  Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABIHM, IFM-CP - NJ WRIISC; Michelle Robertson, MD, MPH - NJ WRIISC; Terra Vincent, PhD – HOME
  Provides further supportive training on military or garrison exposures.

- **WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants: (90 Minutes = 1.5 CEUs) (May 12, 2020):**
  Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME
  Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.

- **Chemical Warfare Agents and Weaponized Toxic Industrial Chemical Exposure (December 10, 2019):**
  Presenter: Eric Shuping, MD, MPH, FAAFP – HOME
  Discusses treatment options and available resources to assist those Veterans who were exposed to chemical warfare agents during deployment in Iraq.
  [https://bcove.video/2AP0FjR*](https://bcove.video/2AP0FjR)
**COLLECTION 4: Gulf War Illness**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES**

- **Gulf War Illness and Pain (June 11, 2019):**
  
  Peter Bayley, PhD - CA WRIISC; Louise Mahoney, MS, RYT, C-IAYT - CA WRIISC

  Reviews the rationale for using yoga to treat GWI, presents recent findings from a GWI study that compared a standard pain treatment (Cognitive Behavioral Therapy) to that of yoga and discusses its results and benefits from the symptoms of GWI for these two markedly different behavioral interventions.

  [https://bcove.video/34cO5a4](https://bcove.video/34cO5a4)

**INTERMEDIATE LEVEL COURSES**

- **WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness (August 11, 2020):**
  
  Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC

  Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.

  [https://bcove.video/2Zvbd20](https://bcove.video/2Zvbd20)

- **WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI (June 9, 2020):**
  
  Lisa McAndrew, PhD - NJ WRIISC; David Litke, PhD - NJ WRIISC

  Reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.

  [https://bcove.video/3bZ2XgV](https://bcove.video/3bZ2XgV)

- **WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants: (90 Minutes = 1.5 CEUs) (May 12, 2020):**
  
  Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME

  Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.

  [https://bcove.video/2ZvmPls](https://bcove.video/2ZvmPls)

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WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACREDITED CURRICULA • NO DESCRIPTIONS

COLLECTION 5: Chronic Multi-symptom Illness

WEBINARS

INTRODUCTORY LEVEL COURSES***

- WRIISC-HOME Behavioral Health Treatment for Medically Unexplained Symptoms (October 19, 2021): TMS: ID: 131002156
  TRAINEE: ID: 1101306
  Autumn Gallegos Greenwich, PhD; Canandaigua VA Medical Center, Chana B. Krupka, PhD; Advanced Fellow: NJ WRIISC, Lisa McAndrew, PhD; NJ WRIISC
  Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport, and treating MUS that they can integrate into their existing behavioral health practice.

- WRIISC/PDHS Fibromyalgia and Veteran Care (March 10, 2020): TMS: ID# 43889 TRAIN: ID 1098289
  Omowunmi Osinubi, MD, M.Sc., MBA, FRCA, ABIHM - NJ WRIISC, Edward Shadiack, DO - NJ WRIISC
  Covers the history of Fibromyalgia, a comparison of the diagnostic criteria currently available, a discussion of the purported pathophysiology, and a review of treatment options.
  https://bcove.video/2ZDeVi*
  http://va-eerc.ees.adobeconnect.com/pozxrbzo3u6/

- Integrative Health/Functional Medicine Approaches to Chronic Multi-symptom Illness (CMI) (May 14, 2019):
  Stephanie Grier, MSN, RN - NJ WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC
  Explains the mechanism for evaluating CMI/GWI and the importance of applying optimal management strategies using the Functional Medicine Matrix with the Whole Health Model.
  https://bcove.video/2TAbTPJ**

INTERMEDIATE LEVEL COURSES

- WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness (August 11, 2020):
  TMS: ID# 43743 TRAIN: ID# 1098323
  Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA - DC WRIISC; Walt Jachimowicz MSN, RN, CNL - DC WRIISC; Keri Maloney NBC-HWC, MA - DC WRIISC
  Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.
  Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC
  https://bcove.video/2Zvbd20*
  http://va-eerc-ees.adobeconnect.com/pvzc190mlmf1/

- WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI (June 9, 2020):
  TMS: ID# 43769
  Gulf War Illness is a complex post-deployment health condition that causes significant disability. Little is known about behavioral treatments for Gulf War Illness. This webinar reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.
  Lisa McAndrew, PhD – NJ WRIISC; David Litke, PhD - NJ WRIISC
  https://bcove.video/3b2ZKgV*
  http://va-eerc-ees.adobeconnect.com/pdtw5z7dryv01/

E-LEARNING MODULE 4 Chronic Multisymptom illness 75 Minutes = 1.25 CEUs
Information/Access Above

Updated: 4/4/2022
WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ NO DESCRIPTIONS

- **CMI and Suicide Ideation** *(September 10, 2019):*
  David Litke, PhD - NJ WRIISC; Lisa McAndrew, PhD - NJ WRIISC
  Supplies VA providers critical information about why Veterans with chronic pain are at heightened risk of suicide and how to intervene to lower this risk through problem-solving treatment.
  [https://bcove.video/3rDcYWE](https://bcove.video/3rDcYWE)**

- **Integrative Health/Functional Medicine Approaches to CMI/GWI** *(May 14, 2019):*
  Sharon Democker, MD - DC WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC
  Explains the mechanism for evaluating CMI/GWI and the importance of applying optimal management strategies using the Functional Medicine Matrix with the Whole Health Model.
  [https://bcove.video/2WbmK3A](https://bcove.video/2WbmK3A)**

- **Integrative Sleep Intervention with a Dose of Health Coaching** *(March 12, 2019):*
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA - DC WRIISC; Sharon DeMocker, MD - DC WRIISC; Walt Jachimowicz, MSN, RN, CNL - DC WRIISC
  Investigates integrative interventions for Veterans that compliment traditional western medical approaches to improve sleep and looks at how health coaching can support behavior change to improve sleep.
  [https://bcove.video/2Zwk3fS](https://bcove.video/2Zwk3fS)**

- **Problem-solving Therapy for Cognitive Dysfunction after Deployment** *(August 9, 2016):*
  David Litke, PhD - NJ WRIISC; Lisa McAndrew, PhD - NJ WRIISC
  Identifies the evidence for the use of Problem-Solving Therapy to address cognitive problems and improve Veteran functioning. It also teaches how to apply elements of Problem-Solving Therapy research findings into current mental health and cognitive remediation practices.
  [https://bcove.video/3qZpCiq](https://bcove.video/3qZpCiq)**

**COLLECTION 6: Whole Health/Integrative Functional Medicine**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES***

- **WRIISC-PDHS Lifestyle Factors and Brain Blood Flow Regulation** *(July 13, 2021):**
  TMS: ID# 44907  TRAIN: ID 1100307
  Jennifer Jennings, MD- CA WRIISC; Kamila Migdal, BA, PhD - DC WRIISC
  Overview of Best practices for Veterans to improve cerebrovascular health and brain blood flow regulation by lowering sodium intake, increasing exercise, and maintaining proper hydration.

- **Whole Health Approach to Post Deployment Health Care** *(February 26, 2019):*
  Janet Carter, PharmD, LAc - HOME; Heliana Ramirez, PhD, LISW - CA WRIISC
  Explains how the Office of Patient Centered Care is at the forefront of transforming the way VA health care is striving to fulfill- not only Veterans’ health, but also their Whole Health well-being.
  [https://bcove.video/3gKTvyd](https://bcove.video/3gKTvyd)**

- **Integrative Health/Functional Medicine Approaches to CMI/GWI** *(March 20, 2018):*
  Sharon Democker, MD - DC WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC
  Covers Gulf War Illness/Chronic multi-symptom illness including recognizing and treating the common symptoms of widespread pain, fatigue, sleep, headache and GI issues.
  [https://bcove.video/2WbmK3A](https://bcove.video/2WbmK3A)**

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WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRUCULA _ NO DESCRIPTIONS

- **Integrative Medicine Approaches to Post Deployment Health** *(August 8, 2017):*
  Sharon Democker, MD - DC WRIISC
  Evidence-based treatment options are offered to providers for common post-deployment health concerns like pain, sleep issues, GI problems, and PTSD by utilizing an Integrative Medical approach and discussion on how to evaluate them with Veterans are provided.
  [https://bcove.video/3o1QmwD]**

- **Military Cultures- Experience. Reintegration and Whole Health** *(July 28, 2017):*
  TMS: ID# 33979  TRAIN: ID# 1072371
  Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)
  Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

**INTERMEDIATE LEVEL COURSES**

- **Food and Cognition: The Interplay of Nutrition and Neuroscience** *(November 12, 2019):*
  TMS: ID# 43930  TRAIN: ID# 1098315
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA, - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC
  The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and fatigue in order to establish both realistic goals and action steps to improve their health are discussed in this webinar.
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA, - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC
  [https://bcove.video/3eevXPx]*
  [http://va-eercees.adobeconnect.com/ptw58gi0yi6u/]

- **A Medical Nutrition Therapy Approach to Post-Deployment GI Health Management** *(October 29, 2019):*
  TMS: ID# 41837  TRAIN: ID 1101000
  Lindsey Proctor, MS, RDN, LDN - CA WRIISC
  Introduces FODMAP, a diet which better educates VA providers and healthcare teams on how, with increased collaboration with dietitians, this approach can potentially help Veterans reduce unpleasant Gastrointestinal (GI) symptoms.
  [https://bcove.video/2XE8CAr]*
  [http://va-eercees.adobeconnect.com/pblyg7rwee4r/]

- **Integrative Health/Functional Medicine Approaches to Chronic Multi-symptom Illness (CMI)** *(May 14, 2019):*
  Stephanie Grier, MSN, RN - NJ WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC
  Discusses the mechanism for evaluating GWI and the importance of applying optimal management strategies using the Functional Medicine Matrix with the Whole Health Model.
  [https://bcove.video/2TAbTPJ]**

- **Integrative Sleep Intervention with a Dose of Health Coaching** *(March 12, 2019):*
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA - DC WRIISC; Sharon DeMocker, MD - DC WRIISC; Walt Jachimowicz, MSN, RN, CNL - DC WRIISC
  Assesses integrative interventions that compliment traditional western medical approaches to improve sleep and how health coaching can support behavior change to improve sleep.
  [https://bcove.video/2Zwk3fS]**

Updated: 4/4/2022
COLLECTION 7: Cognitive & Psychological Health

WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Cognitive Behavioral Therapy for Insomnia: What you need to know** (February 8, 2022):
  Ansgar J. Furst, MSc, PhD - CA WRIISC; Donn Posner, PhD, CBSM, DBSM - CA WRIISC
  Clinical research on CBT-I has shown that it is much more than a treatment for insomnia. Discusses an ongoing VA-funded clinical trial that uses CBT-I for Veterans.

- **WRIISC-HOME Toward Zero Harm: Addressing Mental Health Misdiagnoses in Veterans** (December 14, 2021):
  TMS#: 131002156 TRAIN: ID 1102355
  Kelly McCarron, PsyD - NJ WRIISC; Mikayla McAdams, PMHNP-BC - NJ WRIISC; Lisa Pickett, LCSW - NJ WRIISC; Samantha Varon - NJ WRIISC
  Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport and treating MUS that they can integrate into their existing behavioral health practice.

- **WRIISC-PDHS Advances in Brain Stimulation Therapies to Boost Veteran Mental Health** (November 10, 2020):
  TMS: ID# 43511 TRAIN: ID# 1096332
  Maheen Mausoof Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC; Michelle Madore, PhD - VA Palo Alto HCS National Clinical TMS Program
  Introduction of Repetitive Transcranial Magnetic Stimulation (TMS), a non-invasive FDA approved treatment for refractory depression. Directed towards increasing knowledge on how rTMS has been shown to clinically improve Veterans depression at the CA WRIISC site.

- **PDHS/WRIISC: Gender Differences in Symptoms and Functional Outcomes in Veterans with TBI** (February 11, 2020):
  TMS: ID# 43712 TRAIN: ID# 1098320
  Maheen Mausoof Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC
  Provides interdisciplinary audiences and healthcare teams insight and raises awareness of differences in the way Traumatic Brain Injury (TBI) is experienced in men and women. It also looks at how social constructs as well as physiological differences affect the success of diagnosing and treating TBI.

- **Psychosocial Stressors, Strength and Resilience of Combat Veterans** (January 14, 2020):
  TMS: ID# 43710 TRAIN: ID# 1098329
  Lisa Pickett, LCSW - NJ WRIISC; Rachel Stewart, PhD, LCSW - DC WRIISC
  Provides insight into the psychosocial barriers affecting post-deployment health, as well as the strengths and resources that can maximize combat Veterans' well-being.

- **Problem-solving Therapy for Cognitive Dysfunction after Deployment** (August 9, 2016):
  David Litke, PhD - NJ WRIISC; Lisa McAndrew, PhD - NJ WRIISC
  Identifies evidence for the use of Problem-Solving Therapy to address cognitive problems and improve Veteran functioning. It also teaches how to apply elements of Problem-Solving Therapy research findings into current mental health and cognitive remediation practices.
  [https://bcove.video/3qZpCiq](https://bcove.video/3qZpCiq)**

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WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ NO DESCRIPTIONS

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS Clinical Practice Guidelines for PTSD: An Update from 2019** (August 10, 2021): Wes Ashford, MD - CA WRIISC; Steve Woodward, PhD - National Center for PTSD
  Discusses PTSD and provides current best practice treatments and guideline updates known since 2019 (including psychotherapy and other interventions) to improve clinicians intervention tool kits and knowledge.
  [http://va-eerc.ees.adobeconnect.com/paczdw7ylw4i](http://va-eerc.ees.adobeconnect.com/paczdw7ylw4i)

- **WRIISC-PDHS Military Sexual Trauma: Past, Present and Future** (September 8, 2020):
  TMS: ID# 43756 TRAIN: ID# 1098237
  Leah N. Eizadi, MSN, FNP-C-CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC
  Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.

- **WRIISC-PDHS Deployment-Related Mental Health and Neurocognitive Concerns** (April 20, 2020)
  TMS: ID# 43888 TRAIN: ID# 1098326
  Ryan Brewster, PhD - DC WRIISC; Kelly McCarron, PsyD - NJ WRIISC; Marina Veltkamp, PhD - DC WRIISC
  Provides an overview of deployment-related mental health and brain health concerns, discusses how to screen for symptoms, and offers information on where to refer for additional services.

- **Food and Cognition: The Interplay of Nutrition and Neuroscience** (November 12, 2019):
  TMS: ID# 43930 TRAIN: ID# 1098315
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC
  The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and fatigue in order to establish both realistic goals and action steps to improve their health are discussed.

**COLLECTION 8: Special Topics**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES***

- **WRIISC-PDHS Communication about Exposures & Deployment Related Health Concerns** (February 9, 2021):
  TMS: ID# 44119 TRAIN: ID# 1098233
  Lisa McAndrew, PhD – NJ WRIISC; Susan L. Santos, PhD, MS – NJ WRIISC*
  Provides Providers with guidance on specific adaptable communication strategies (including those exacerbated by COVID-19), opportunities and challenges when speaking with Veterans on exposure and other post-deployment health concerns and presents a model of communication for all Providers.
  [https://bcove.video/2MKjTha*](https://bcove.video/2MKjTha*)

- **WRIISC-PDHS Mobile Health Apps to Supplement Care**
  (January 12, 2021):
  TMS: ID# 43946 TMS ID# 1098251
  Timothy J. Avery, PsyD - NCPTSD, Dissemination & Training Division (Menlo Park)
  Basic functionality of VA mobile mental health apps, case usage, and Veteran frameworks for evaluating the healthcare benefits of such apps are discussed.
  [https://bcove.video/3sdwatx*](https://bcove.video/3sdwatx*)
  [http://va-eerc.ees.adobeconnect.com/pppaoqxhp3w8/](http://va-eerc.ees.adobeconnect.com/pppaoqxhp3w8/)

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INTRODUCTORY LEVEL COURSES

- **Military Service and Combat Deployments: Strengthening the Patient-Provider Alliance in the Context of Moral Injury and Institutional Betrayal** (September 25, 2018):
  Kelly McCarron, PsyD - NJ WRIISC; Omowunmi Osinubi, MD, MS, MBA, FRCA, ABHIHM, IFM-CP - NJ WRIISC
  Increases health care providers awareness of the concepts of moral injury and institutional betrayal to enable them to respond to trauma disclosures effectively.
  [https://bcove.video/3qV1h1hV](https://bcove.video/3qV1h1hV)

- **Introduction to Post Deployment Health Services - War Related Illness & Injury Study Center (HOME - WRIISC)**
  (October 24, 2017): J. Wesson (Wes) Ashford, MD, PhD - CA WRIISC; Drew Helmer, MD, MS - NJ WRIISC; Matthew (Matt) Reinhard, PsyD, - DC WRIISC
  Introducing The War Related Illness and Injury Study Center (WRIISC), a National VA Post-Deployment Health Resource dedicated to Veterans' post-deployment health concerns and unique health care needs. This webinar highlights WRIISC’s development and provision of post-deployment health expertise to Veterans and their health care providers through clinical care, research, education, and risk communication and partnering with referring providers and their healthcare teams to support post-deployment care of Veterans.
  [https://bcove.video/3niXtk5](https://bcove.video/3niXtk5)

- **Women Veterans and Midlife Health: What does military generation have to do with it?** (November 28, 2017):
  Julie Weitlauf, PhD - VISN 21; Omowunmi Osinubi, MD, MS, MBA, FRCA, ABHIHM, IFM-CP - NJ WRIISC
  Addresses knowledge and skills gaps that pertains to healthcare needs of mid-life women Veterans and discusses the limited availability of research based literature characterizing how factors such as military occupational hazards and military service era or generation might impact mid-life women's.
  [https://bcove.video/3qYvc4e](https://bcove.video/3qYvc4e)

- **Military Cultures- Experience. Reintegration and Whole Health** (July 28, 2017):
  TMS: ID# 33979  TRAIN: ID# 1072371
  Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)
  Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS Institutional Betrayal & Courage in Addressing Veteran Exposure Concerns: 75 Minutes = 1.25 CEUs**
  (October 27, 2020):
  TMS: ID# 43373  TRAIN: ID# 1096883
  Kelly McCarron, PsyD - NJ WRIISC; Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABHIHM, IFM-CP - NJ WRIISC; Michelle Robertson, MD, MPH - NJ WRIISC; Susan L Santos, PhD, MS - NJ WRIISC
  Provides information and knowledge on the concepts of moral injury, institutional betrayal, and institutional courage as applied to exposure concerns and the health care of Veterans to help providers respond to institutional concerns in a way that builds rapport and promotes institutional courage.

- **WRIISC-PDHS Military Sexual Trauma: Past, Present and Future**
  (September 8, 2020):
  TMS: ID# 43756  TRAIN: ID# 1098237
  Leah N. Eizadi, MSN, FNP-C - CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC
  Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.

- **Post Deployment Health Services: Epidemiology Research Update**
  (July 16, 2019):
  William Joel Culpepper II, PhD, MA - HOME; Aaron Schneiderman, PhD, MPH, RN - HOME

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WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: Accredited & Non-Accredited Curricula _ no Descriptions

Discusses MST, its available resources for Veterans and their Providers impacted by it.

https://bcove.video/3aalN3K**

- **Sexual Functioning in Veterans: Commonly Reported Difficulties, Dysfunctions and Disorders (January 23, 2018):**
  - Kelly McCarron, PsyD - NJ WRIISC; Drew Helmer, MD, MPH - NJ WRIISC; Julie Weitlauf, PhD - CA WRIISC
  - Narrows the knowledge gap in assessing and addressing the sexual functioning needs of Veterans by using a biopsychosocial model of sexual functioning and provides a starting point toward building an ethical, informed, and sex-positive clinical practice responsive to the multifaceted sexual functioning needs of our diverse Veteran population.
  - https://bcove.video/3niXLHH**

**UPCOMING FY 22 WEBINARS: Each to Seek Enduring Accreditation**

Available **Early Registration Opportunities** for Upcoming WRIISC-PDHS FY22 Webinars:

**INTRODUCTORY LEVEL COURSES**

**CHRONIC MULTI-SYMPTOM ILLNESS**

- **WRIISC-HOME Health Coaching for Veterans with Complex Pain (August 9, 2022):** Lisa McAndrew, PhD - NJ WRIISC; Nicole Sullivan, PhD - NJ WRIISC
  - To Register: Non-VA employees **TRAIN** VA employees **TMS**
  - QR Code:

- **WRIISC-HOME Yoga and Meditation for Veterans’ Healing, Health, and Well-Being (April 12, 2022):** Peter J Bayley, PhD - CA WRIISC; Caro Fenno, E-RYT - CA WRIISC
  - To Register: Non-VA employees **TRAIN** VA employees **TMS**
  - QR Code:

**WHOLE HEALTH/INTEGRATIVE FUNCTIONAL MEDICINE**

- **WRIISC-HOME Applying Health Coaching Strategies to Clinical Care (June 14, 2022):** Walt Jachimowicz, MSN RN CNL NBC-HWC – DC WRIISC; Rebecca McCullers, RN, RYT, NBC-HWC - DC WRIISC
  - To Register: Non-VA employees **TRAIN** VA employees **TMS**
  - QR Code:
WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ no DESCRIPTIONS

GULF WAR ILLNESS

- WRIISC-HOME Can Integrative Health Interventions Help GW1 Veterans? (September 13, 2022): Charity Breneman, PhD, MSPH - DC WRIISC; Matt Reinhard, PsyD - DC WRIISC
  
  To Register: Non-VA employees TRAIN VA employees TMS

ENDURING CURRICULUM ACCESS: Go to VA’s Talent Management (TMS) Home Page on the date of each event. Click on “Learning” then scroll down and enter “WRIISC” in the find learning box to locate the training by title and for the LIVE access link. LIVE access is also available on VHA’s TRAIN Learning Network https://www.train.org/main/search?type=course by conducting the same search.

INTERMEDIATE LEVEL COURSES

AIRBORNE HAZARDS

- WRIISC-HOME Southwest Asia Deployment Associated Lung Disease: Diagnostic Challenges: (July 12, 2022): Anays Sotolongo, MD: NJ WRIISC & AHBPCE Silpa Krefft, MD, MPH: CO VAECHCS John Osterholzer,
  
  To Register: Non-VA employees TRAIN VA employees click TMS

SHAREPOINT CURRICULUM ACCESS: Go to WRIISCWebinars - WRIISC-PDHS-2021-Webinar-Series - All Documents (sharepoint.com)

EXPOSURES

  
  To Register: Non-VA employees TRAIN VA employees click TMS

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