WRIISC PROVIDER AVAILABLE EDUCATION COLLECTIONS:

Accredited with Descriptions
To facilitate VA provider/staff access and uptake of learning, we have organized our available curricula into “Collections.” Each collection has also been given a stylized “thumbnail” which will appear in TMS to again increase both awareness and ease of search/access.

Notes:
1) The On-Demand E-Learning is listed as its own collection. Appropriate modules are also listed as part of other relevant collections. Webinar curricula is listed in each collection accordingly: educational level > most current.
2) Once a webinar is hosted “live”, curriculum is available on WRIISC SharePoint site until it completes “enduring” accreditation process (which takes approximately 3 months) at which time appropriate TMS links will be added to the document.

WRIISC-HOME ACCREDITED COLLECTIONS
Note: All accredited curricula offer one (1) CEU of contact hour credit unless otherwise noted. ***** PRIMARY COLLECTION FOR CROSS-LISTED TRAINING.

• COLLECTION 1: On-Demand Curricula in Post-Deployment Health
  (Essential post-deployment health curriculum which equips providers and community affiliates with the critical knowledge needed to address Veterans unique health concerns and provide recommendation for Veteran care and management).

• COLLECTION 2: Airborne Hazards
  (Provides clinicians with the knowledge needed to identify and understand deployment-related airborne and burn-pit hazard concerns of Veterans).

• COLLECTION 3: Exposures
  (Increases knowledge on how to recognize the role and importance of deployment-related exposure assessment, identify steps for determining deployment-related environmental exposures, provide available post-deployment health resources, and describe approaches to communicating deployment-related exposure issues to Veterans, their caregivers, and their family members).

• COLLECTION 4: Gulf War Illness
  (Provides the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi-Symptom Illness as it can be applied to Gulf War Illness).

• COLLECTION 5: Chronic Multi-symptom Illness
  (Provides insight into chronic multi-symptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care).

• COLLECTION 6: Whole Health/Integrative Functional Medicine
  (Increases knowledge about functional and integrative medicine and provides tools on various approaches that can improve Veteran care).

• COLLECTION 7: Cognitive & Psychological Health
  (Provides insight about Veteran combat experiences, mental health issues and therapy approaches and services to support Veteran care).

• COLLECTION 8: Special Topics
  (Encompasses a range topics, perspectives and recommendations to improve Veteran care).
COLLECTION 1: On-Demand Curricula in Post-Deployment Health

Total CEUs for the On-Demand Series = 5.75 Credits

**Module 1**
Assessing Deployment Related Environmental Exposures
90 Minutes = 1.50 CEUs
**TRAIN: ID: 1070234**
**TMS: ID: 33195**
Intends to increase clinician knowledge and to inform learners about how to recognize the role and importance of deployment related exposure assessment, identify steps for determining deployment related environmental exposures, provide available post deployment health resources, and describe approaches to communicating deployment related exposure issues to Veterans, their caregivers, and their family members.

**Module 2**
Airborne Hazards
60 Minutes = 1.0 CEU
**TRAIN: ID: 1070422**
**TMS: ID: 33405**
Provides clinicians with the knowledge needed to identify and understand deployment- related airborne hazards concerns of Veterans.

**Module 3**
Gulf War Illness
60 Minutes = 1.0 CEU
**TRAIN: ID: 1074205**
**TMS: ID: 34572**
Provides health care providers with the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi Symptom Illness as it can be applied to Gulf War illness.
MODULE 4
Chronic Multi-symptom illness
75 Minutes = 1.25 CEUs
TRAIN: ID: 1084440
TMTM: ID: 38029
Offers healthcare professionals an opportunity to gain insight into chronic multisymptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care.

MODULE 5:
Depleted Uranium and Toxic Embedded Fragments
60 Minutes = 1.0 CEU
TRAIN: ID: 1087697
TMS: ID: 39365
Provides health care professionals with knowledge about the current research on health effects in Depleted Uranium or DU-exposed (Pronounced D-U) populations, information about enrolling Veterans with suspected DU or toxic embedded fragments (TEF) fragments into VA registry programs, and guidance about the clinical approach to Veterans with TEF.

COLLECTION 2: Airborne Hazards
WEBINARS
INTRODUCTORY LEVEL COURSES
• WRIISC-HOME Enhanced Implementation of the Burn Pit Registry Clinical Evaluation: (November 9, 2021) TMS: ID 131001549 TRAIN: ID 1101594
  Anays Sotolongo, MD - NJ WRIISC; Drew Helmer, MD - IQuES; Kyler Godwin, PhD; IQuEST
  Increases understanding of Airborne Hazards and Open Bun Pit Registry (AHOBPR) exams and identifies best practices for integrating AHOBPR exams into the broader context of the AHOBPR and clinical care.

INTERMEDIATE LEVEL COURSES
• WRIISC-HOME Southwest Asia Deployment Associated Lung Disease: Diagnostic Challenges: (July 12, 2022):
  TMS ID: 131004805 ; TRAIN: ID#: 1105581
  Anays Sotolongo, MD - NJ WRIISC & AHBPC Silpa Krefft, MD, MPH: CO VA/ECHCS John Osterholzer, MD
  Since 2010, there have been questions whether exposure to Airborne Hazards are associated with lung diseases. The purpose of this recorded, knowledge-based presentation is to provide information on correct terminology and share best clinical practices providers can implement when treating Veterans.

• WRIISC-PDHS Respiratory Issues of Returning Combat Veterans (March 9, 2021):
  TMS: ID# 44408 TRAIN: ID#1098250
  Michael J. Falvo, PhD, RCEP - NJ WRIISC; Anays Sotolongo, MD - NJ WRIISC
  Offers providers a better understanding of respiratory issues that concern returning combat Veterans and elaborates on known clinical methods that are optimal for evaluating them.
**WRIISC-PDHS The Airborne Hazards & Open Burn Pit Registry Follow-up Exam: What We've Learned**  
(July 14, 2020):  
TMS: ID# **43714**  TRAIN: ID# **1098312**  
Michael J. Falvo, PhD, RCEP - NJ WRIISC; Eric Shuping, MD, MPH, FAAFP - HOME; Anays Sotolongo, MD - NJ WRIISC  
Focuses on AHOBPR clinical exams and more advanced evaluations occurring at the Airborne Hazards and Burn Pits Center of Excellence (AHBPCE).  
https://bcove.video/3qIE4KG  
http://va-eerc-ees.adobeconnect.com/pots/vzwp6y/  

**COLLECTION 3: Exposures**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES**

- **WRIISC-HOME Who We Are and How We Serve Clinicians and Providers**  
(February 14, 2023) TMS: ID: **131008021**  TRAIN: ID: **1109916**  
Anisa Moore, MD; Sopheap Na, MD; Eric Shuping, MD, MPH, FAAFP  
The purpose of this recorded, virtual knowledge-based presentation is to discuss how VET-HOME'S creation of a network of specialized providers and a call center provides Veterans with an integrated care team to support their comprehensive health care needs.  
*https://dvagov.sharepoint.com/:v:/r/sites/PDHSWRIISCEducation/Shared%20Documents/Webinars%20Fiscal%20Year/FY%202023%20Webinar%20Series%20Documents/mp4%20Recordings%20FY23/WRIISC_January%20FY23.mp4?csf=1&web=1&e=7NoeMG*

- **WRIISC-HOME Military Exposures and Dermatological Conditions**  
(January 10, 2023)  
Michelle Kennedy Prisco, MSN, ANP-C – DC WRIISC; Lakshi Aldredge, MSN, ANP-BC, DCNP, Portland OR VA  
(Links to be added soon)  

- **WRIISC-HOME PCPs and PACT: Team Addressing of Veterans’ Military Exposure Concerns**  
(Oct 8, 2022)  
TMS ID: **131006584**  TRAIN ID: **1105262**  
Michelle W. Robertson, MD, MPH; Stephen C Hunt, MD, MPH  
Registry evaluations are one of the most important services that VA offers its Veterans. During these evaluations, military exposures are routinely reviewed. It is well-known that environmental exposure concerns are one of a number of overlapping health concerns that many of our Veterans experience, yet they do not feel that their healthcare providers understand the role these exposures play in their overall health. Similarly, VA providers state that they do not have adequate resources to address these concerns during patient encounters.

- **WRIISC-HOME Infectious Diseases, Vaccinations, Antimalarials**  
(March 8, 2022):  
TMS ID: **131003314**  TRAIN ID: **1103340**  
John P. Barrett, MD, MPH, MS, FAAFP, FACPM - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Peter D. Rumm, MD, MPH, FACP - HOME  
Review and discuss Gulf War infectious diseases, common vaccine and biochemical warfare concerns of deployed Veterans; Discuss research and potential health effects; Highlight useful clinical resources.  
http://va-eerc-ees.adobeconnect.com/pcl7af0qjy/
• WRIISC-HOME Individual Longitudinal Exposure Record and Exposure Assessments: 75 Minutes = 1.25 CEUs
  (January 11, 2022):
  TMS ID: 131002496  TRAIN ID: 1102471
  John Barrett, MD, MPH, MS - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Eric Shuping, MD, MPH – HOME; Larry Vandergrift – DoD
  Educates providers and registry clinicians on VA/DoD Military Occupational and Exposure Assessments for Veterans and use of the ILER.
  http://va-eerc-ees.adobeconnect.com/p2gnmz44bf0/

• WRIISC-HOME Hot Topics in Environmental Exposures: Lead, Anti-Malarials and K-2: Introductory
  (September 14, 2021):
  TMS ID: 131001987  TRAIN ID: 1102355
  Patricia Hastings, DO, MPH - HOME; Peter D. Rumm, MD, MPH - HOME; Eric Shuping, MD - HOME
  Supplies the Veteran community with best practices to properly address military exposures with heightened concern.
  http://va-eerc-ees.adobeconnect.com/p455kmhwcpmz/

• WRIISC-PDHS VA Telehealth Use: Environmental Health Registry Telehealth Services (May 11, 2021):
  TMS: ID# 45123  TRAIN: ID 1101010
  Michelle Robertson, MD, MPH - NJ WRIISC; Peter D. Rumm, MD, MPH - HOME
  Discusses telehealth use in health care, and in particular - environmental health registries. Elaborates on these registries as a means to increase Veteran access to VA care.

INTERMEDIATE LEVEL COURSES

• WRIISC-HOME Using available data to better understand the burden of brain tumors in Veterans (Intermediate):
  (10/18/22)  TMS: ID: 131006297  TRAIN: ID: 1107505
  Jennifer Jennings, MD; Erin K. Dursa, PhD, MPH; Jill S. Barnholtz-Sloan, PhD
  To determine possible causative agents, VA clinicians need a broader knowledge of the burden of brain tumors in Veterans and what issues should be reviewed for screening and how to determine when a Veteran has a brain tumor. This recorded, virtual, knowledge-based training will provide information on brain tumors in Veterans, review possible causes and discuss optimal protocols when caring for Veterans. This training is appropriate for healthcare teams.

• WRIISC-HOME Exposure Concerns and Autoimmune Diseases (May 10, 2022):
  TMS: ID#: 131004084  TRAIN: ID#: 1104566
  Develops awareness of diseases of autoimmunity and explores in detail extrinsic genetic and environmental contributions (specifically epigenetic contributions) to them to better address Veteran health concerns.
  https://bcove.video/3FCXuJv

• WRIISC-HOME Garrison Exposures: Camp Lejeune, Fort McClellan & PFAS: 75 Minutes = 1.25 CEUs
  (June 8, 2021):
  TMS: ID# 45406  TRAIN: ID# 1101050
  Omowunmi Osinubi, MD, MSc, MBA, FRCA; Michelle Robertson, MD, MPH - NJ WRIISC; Terra Vincent, PhD – HOME
  Provides further supportive training on military or garrison exposures.
  http://va-eerc-ees.adobeconnect.com/px65pfgc7qa/
• WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants**** (90 Minutes = 1.5 CEUs)  
(May 12, 2020):  
**TMS: ID# 43507  **  **TRAIN: ID# 1100998**
Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME
Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.

### COLLECTION 4: Gulf War Illness

#### WEBINARS

**INTRODUCTORY LEVEL COURSES**

• **WRIISC-HOME Can Integrative Health Interventions Help GW1 Veterans?**  
(September 13, 2022):  
Charity Breneman, PhD, MSPH – DC WRIISC; Matt Reinhard, PsyD – DC WRIISC (Links to be added soon) *  

#### INTERMEDIATE LEVEL COURSES

• **WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness**  
(August 11, 2020):  
**TMS: ID# 43769  **  **TRAIN: ID# 1098323**
Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC
Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.  
[https://bcove.video/2Zvbd20](https://bcove.video/2Zvbd20)  

• **WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI**** (June 9, 2020):  
**TMS: ID# 43769  **  **TRAIN: ID# 1101049**
Lisa McAndrew, PhD - NJ WRIISC; David Litke, PhD - NJ WRIISC
Reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.  
[https://bcove.video/3bZZXgV](https://bcove.video/3bZZXgV)  
[http://va-eerc-ees.adobeconnect.com/pdtw5z7drv01/](http://va-eerc-ees.adobeconnect.com/pdtw5z7drv01/)

• **WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants: (90 Minutes = 1.5 CEUs)**  
(May 12, 2020):  
**TMS: ID# 43507  **  **TRAIN: ID# 1100998**
Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.  
[https://bcove.video/2ZvmP8](https://bcove.video/2ZvmP8)  
COLLECTION 5: Chronic Multi-symptom Illness

WEBINAR SERIES

INTRODUCTORY LEVEL COURSES

- **WRIISC-HOME Approaches to Long-COVID: Leveraging the Concordant Care model for Chronic Multi-symptom Illness (CMI):** *(12/13/23)*
  
  TMS ID: **131006726**  TRAIN: ID: **1108078**
  
  Lisa McAndrew, PhD; Nicole Sullivan, PhD.

  The purpose of this recorded, virtual knowledge-based presentation is to educate providers, including interprofessional healthcare teams, on the Concordant Care treatment model developed for Veterans with CMI, and how to apply this model to the treatment of Veterans with long-COVID. In addition, this will increase best practice knowledge and expand clinical care to better serve the Veteran.

  [https://dvagov.sharepoint.com/:v:/sites/PDHSWRIISCEducation/Shared%20Documents/Webinars_%20Fiscal%2020Year/FY%202023%20Webinar%20Series%20Documents/mp4%20Recordings%20FY23/WRIISC_December%202023.mp4?csf=1&web=1&download=1&unspprcd=1](https://dvagov.sharepoint.com/:v:/sites/PDHSWRIISCEducation/Shared%20Documents/Webinars_%20Fiscal%2020Year/FY%202023%20Webinar%20Series%20Documents/mp4%20Recordings%20FY23/WRIISC_December%202023.mp4?csf=1&web=1&download=1&unspprcd=1)

- **WRIISC-HOME Health Coaching for Veterans with Complex Pain (August 9, 2022):**
  
  TMS: ID: **131005129**  TRAIN: ID: **1105910**
  
  Lisa McAndrew, PhD - NJ WRIISC; Nicole Sullivan, PhD - NJ WRIISC

  This recorded, knowledge-based presentation will provide clinicians with clinical care best practices for health coaching and teach them skills to incorporate health coaching into their own practice for treatment of Veterans. This training is appropriate for interprofessional healthcare team.

- **WRIISC-HOME Behavioral Health Treatment for Medically Unexplained Symptoms (October 19, 2021):**
  
  TMS: ID **131002156**  TRAIN: ID **1101306**
  
  Autumn Gallegos Greenwich, PhD; Canandaigua VA Medical Center, Chana B. Krupka, PhD; Advanced Fellow: NJ WRIISC, Lisa McAndrew, PhD; NJ WRIISC

  Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport, and treating MUS that they can integrate into their existing behavioral health practice.

- **WRIISC/PDHS Fibromyalgia and Veteran Care (March 10, 2020):**
  
  TMS: ID# **43889**  TRAIN: ID **1098289**
  
  Omowunmi Osinubi, MD, M.Sc., MBA, FRCA, ABIHM - NJ WRIISC, Edward Shadiack, DO - NJ WRIISC

  Covers the history of Fibromyalgia, a comparison of the diagnostic criteria currently available, a discussion of the purported pathophysiology, and a review of treatment options.

  [https://bcove.video/2ZDDeVj](https://bcove.video/2ZDDeVj)
WRIISC PROVIDER AVAILABLE EDUCATION COLLECTIONS: ACCREDITED CURRICULA AND DESCRIPTIONS

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness*** (August 11, 2020):
  
  TMS: ID# 43743 TRAIN: ID# 1098323
  
  Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA - DC WRIISC; Walt Jachimowicz MSN, RN, CNL - DC WRIISC; Keri Maloney NBC-HWC, MA - DC WRIISC
  
  Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.
  
  Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC
  
  https://bcove.video/2Zvbd20
  
  http://va-eerc-ees.adobeconnect.com/pvzc190mlm1/

- **WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI (June 9, 2020):**
  
  TMS: ID# 43769 TRAIN: ID# 1101049
  
  Gulf War Illness is a complex post-deployment health condition that causes significant disability. Little is known about behavioral treatments for Gulf War Illness. This webinar reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.
  
  Lisa McAndrew, PhD – NJ WRIISC; David Litke, PhD - NJ WRIISC
  
  https://bcove.video/3bZ2XgV
  
  http://va-eerc-ees.adobeconnect.com/pdtw5z7dvr01/

COLLECTION 6: Whole Health/Integrative Functional Medicine

WEBINARS

INTRODUCTORY LEVEL COURSES

- **WRIISC-HOME Applying Health Coaching Strategies to Clinical Care (June 14, 2022):**
  
  TMS: 131004460 TRAIN: 1105507
  
  Walt Jachimowicz, MSN RN CNL NBC-HWC – DC WRIISC; Rebecca McCullers, RN, RYT, NBC-HWC - DC WRIISC
  
  Increases providers awareness of how the tools of health coaching can be used increase patient satisfaction, improve clinical recommendation adherence, and improve provider/patient communication. http://va-eerc-ees.adobeconnect.com/pe8Rtvsh8r2/

- **WRIISC-HOME Yoga and Meditation for Veterans’ Healing, Health, and Well-Being (April 12, 2022):**
  
  TMS: ID# 131003753 TRAIN: 1103852
  
  Peter J Bayley, PhD - CA WRIISC; Caro Fenno, E-RYT - CA WRIISC
  
  Acknowledged as effective healing and preventive care programs in the Whole Health Model, yoga, meditation and mindfulness are well-established in the VA Palo Alto Clinical Yoga Program and offers research and benefits for Veterans.
  
  http://va-eerc-ees.adobeconnect.com/pefn55vr0rj2/

- **WRIISC-PDHS Lifestyle Factors and Brain Blood Flow Regulation (July 13, 2021):**
  
  TMS: ID# 44907 TRAIN: ID 1100307
  
  Jennifer Jennings, MD - CA WRIISC; Kamila Migdal, BA, PhD - DC WRIISC
  
  Overview of Best practices for Veterans to improve cerebrovascular health and brain blood flow regulation by lowering sodium intake, increasing exercise, and maintaining proper hydration.
• **Military Cultures- Experience. Reintegration and Whole Health****
  (July 28, 2017): (SUNSETS 7.29.2023 –poor audio)
  **TMS: ID# 33979**  **TRAIN: ID# 1072371**
  Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)
  Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

**INTERMEDIATE LEVEL COURSES**

• **Food and Cognition: The Interplay of Nutrition and Neuroscience**** (November 12, 2019): 
  **TMS: ID# 43930**  **TRAIN: ID# 1098315**
  Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA, - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC
  The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and fatigue in order to establish both realistic goals and action steps to improve their health are discussed in this webinar.
  https://bcove.video/3eevXPx

• **A Medical Nutrition Therapy Approach to Post-Deployment GI Health Management** (October 29, 2019):
  **TMS: ID# 41837**  **TRAIN: ID 1101000**
  Lindsey Proctor, MS, RDN, LDN - CA WRIISC
  Introduces FODMAP, a diet which better educates VA providers and healthcare teams on how, with increased collaboration with dietitians, this approach can potentially help Veterans reduce unpleasant Gastrointestinal (GI) symptoms.
  https://bcove.video/2XE8CAr
  http://va-eerc-ees.adobeconnect.com/pblyg7wee4r/

**COLLECTION 7: Cognitive & Psychological Health**

**WEBINARS**

**INTRODUCTORY LEVEL COURSES**

• **WRIISC-HOME Cognitive Behavioral Therapy for Insomnia: What you need to know** (February 8, 2022):
  **TMS: 131002841**  **TRAIN: ID# 1102948**
  Ansgar J. Furst, MSc, PhD - CA WRIISC; Donn Posner, PhD, CBSM, DBSM - CA WRIISC
  Clinical research on CBT-I has shown that it is much more than a treatment for insomnia. Discusses an ongoing VA-funded clinical trial that uses CBT-I for Veterans.
  http://va-eerc-ees.adobeconnect.com/pg5ivsfvprlx/

• **WRIISC-HOME Toward Zero Harm: Addressing Mental Health Misdiagnoses in Veterans** (December 14, 2021):
  **TMS#: 131002156**  **TRAIN: ID 110202**
  Kelly McCarron, PsyD - NJ WRIISC; Mikayla McAdams, PMHNP-BC - NJ WRIISC; Lisa Pickett, LCSW - NJ WRIISC; Samantha Varon - NJ WRIISC
  Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport and treating MUS that they can integrate into their existing behavioral health practice.
• **WRIISC-PDHS Advances in Brain Stimulation Therapies to Boost Veteran Mental Health** *(November 10, 2020):*
  **TMS: ID# 43511 TRAIN: ID# 1096332**  
  Maheen Mausoof Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC; Michelle Madore, PhD - VA Palo Alto HCS National Clinical TMS Program  
  Introduction of Repetitive Transcranial Magnetic Stimulation (TMS), a non-invasive FDA approved treatment for refractory depression. Directed towards increasing knowledge on how rTMS has been shown to clinically improve Veterans depression at the CA WRIISC site.

• **PDHS/WRIISC Gender Differences in Symptoms and Functional Outcomes in Veterans with TBI** *(February 11, 2020):*
  **TMS: ID# 43712 TRAIN: ID# 1098320**  
  Maheen Mausoof Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC  
  Provides interdisciplinary audiences and healthcare teams insight and raises awareness of differences in the way Traumatic Brain Injury (TBI) is experienced in men and women. It also looks at how social constructs as well as physiological differences affect the success of diagnosing and treating TBI.

• **Psychosocial Stressors, Strength and Resilience of Combat Veterans** *(January 14, 2020):*
  **TMS: ID# 43710 TRAIN: ID# 1098329**  
  Lisa Pickett, LCSW - NJ WRIISC; Rachel Stewart, PhD, LCSW - DC WRIISC  
  Provides insight into the psychosocial barriers affecting post-deployment health, as well as the strengths and resources that can maximize combat Veterans' well-being.

**INTERMEDIATE LEVEL COURSES**

• **WRIISC-PDHS Clinical Practice Guidelines for PTSD: An Update from 2019** *(August 10, 2021):*
  **TMS: VA 131001986 TRAIN: ID 1102181**  
  Wes Ashford, MD - CA WRIISC; Steve Woodward, PhD - National Center for PTSD  
  Discusses PTSD and provides current best practice treatments and guideline updates known since 2019 (including psychotherapy and other interventions) to improve clinicians intervention tool kits and knowledge.  
  [http://va-eerc-ees.adobeconnect.com/paczdw7ylw4i](http://va-eerc-ees.adobeconnect.com/paczdw7ylw4i)

• **WRIISC-PDHS Military Sexual Trauma: Past, Present and Future** *(September 8, 2020):*
  **TMS: ID# 43756 TRAIN: ID# 1098237**  
  Leah N. Eizadi, MSN, FNP-C-CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC  
  Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.

• **WRIISC-PDHS Deployment-Related Mental Health and Neurocognitive Concerns** *(April 20, 2020)*  
  **TMS: ID# 43888 TRAIN: ID# 1098326**  
  Ryan Brewster, PhD - DC WRIISC; Kelly McCarron, PsyD - NJ WRIISC; Marina Veltkamp, PhD - DC WRIISC  
  Provides an overview of deployment-related mental health and brain health concerns, discusses how to screen for symptoms, and offers information on where to refer for additional services.

• **Food and Cognition: The Interplay of Nutrition and Neuroscience** *(November 12, 2019):*
  **TMS: ID# 43930 TRAIN: ID# 1098315**  
  Trisha Nakano Bhagen, CNS, NBC-WHC, MS, MA - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC  
  The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and
fatigue in order to establish both realistic goals and action steps to improve their health are discussed.

COLLECTION 8: Special Topics

WEBINARS

INTRODUCTORY LEVEL COURSES

• WRIISC-PDHS Communication about Exposures & Deployment Related Health Concerns (February 9, 2021):
  TMS: ID# 44119 TRAIN: ID# 1098233
  Lisa McAndrew, PhD – NJ WRIISC; Susan L. Santos, PhD, MS – NJ WRIISC
  Provides Providers with guidance on specific adaptable communication strategies (including those exacerbated by COVID-19), opportunities and challenges when speaking with Veterans on exposure and other post-deployment health concerns and presents a model of communication for all Providers.
  https://bcove.video/2MKjTha

• WRIISC-PDHS Mobile Health Apps to Supplement Care
  (January 12, 2021):
  TMS: ID# 43946 TMS ID# 1098251
  Timothy J. Avery, PsyD - NCPTSD, Dissemination & Training Division (Menlo Park)
  Basic functionality of VA mobile mental health apps, case usage, and Veteran frameworks for evaluating the healthcare benefits of such apps are discussed.
  https://bcove.video/3sdwatx

• Military Cultures- Experience. Reintegration and Whole Health (July 28, 2017):
  TMS: ID# 33979 TRAIN: ID# 1072371 (SUNSETS 7.29.2023 –poor audio)
  Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)
  Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

INTERMEDIATE LEVEL COURSES

• WRIISC-PDHS Institutional Betrayal & Courage in Addressing Veteran Exposure Concerns: 75 Minutes = 1.25 CEUs
  (October 27, 2020):
  TMS: ID# 43373 TRAIN: ID# 1096883
  Kelly McCarron, PsyD - NJ WRIISC; Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABIHM, IFM-CP - NJ WRIISC; Michelle Robertson, MD, MPH - NJ WRIISC; Susan L Santos, PhD, MS - NJ WRIISC
  Provides information and knowledge on the concepts of moral injury, institutional betrayal, and institutional courage as applied to exposure concerns and the health care of Veterans to help providers respond to institutional concerns in a way that builds rapport and promotes institutional courage.

• WRIISC-PDHS Military Sexual Trauma: Past, Present and Future**** (September 8, 2020):
  TMS: ID# 43756 TRAIN: ID# 1098237
  Leah N. Eizadi, MSN, FNP-C - CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC
  Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.
### Upcoming WRIISC-HOME FY23 Webinars:

<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tr>
<td>6/13/2023</td>
<td>Good for The Heart Is Good for The Brain: Brain Health Risks &amp; Reduction (Introductory)</td>
<td><a href="#">QR Code</a> John Barrett, MD: MPH; Walt Jachimowicz, MSN RN CNL NBC-HWC</td>
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<td>7/11/2023</td>
<td>Military Exposures and Gastrointestinal Health (Introductory)</td>
<td>Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABIHM, IFM-CP, BCN; Edward Shadiack, DO, MPH, CPH; Carrie Carlson, MD</td>
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<td>8/8/2023</td>
<td>Myalgic Encephalomyelitis-Chronic Fatigue Syndrome, Veteran Care Update (Introductory)</td>
<td>John Barrett, MD, MPH, MS; Brian Walitt (NIH)</td>
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<td>9/12/2023</td>
<td>Burn Pit Effluents, Chemistry, Inhaled Particles, Pathways to the Brain (Intermediate)</td>
<td>Ronit Katz, Director Post Deployment Health Services and Clinics; Carr J Smith, PhD; Uschi Graham, Adjunct Professor, University of Kentucky</td>
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<td>Briefs Overview</td>
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<td>Supporting Veterans with Military Exposure Concerns</td>
<td>WRIISC-HOME: Supporting Veterans with Military Exposure Concerns (Enduring)</td>
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<td>WRIISC-HOME: How to Help Veterans with Military Exposures Receive the Benefits They Deserve</td>
<td>WRIISC-HOME: How to Help Veterans with Military Exposures Receive the Benefits They Deserve - Enduring</td>
<td><a href="https://www.train.org/vha/course/1108272/">https://www.train.org/vha/course/1108272/</a></td>
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<td>WRIISC-HOME: Update on PACT Act implementation and the Toxic Exposure Screening</td>
<td>WRIISC-HOME: Update on PACT Act Implementation and the Toxic Exposure Screening (Enduring)</td>
<td>Not available on TRAIN</td>
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<td>WRIISC-HOME: Quick Tips for Everyday Clinical Care of Veterans with ExpConcerns</td>
<td>WRIISC-HOME: Quick Tips for Everyday Clinical Care of Veterans with Exposure Concerns (Enduring)</td>
<td><a href="https://www.train.org/vha/course/1109396/">https://www.train.org/vha/course/1109396/</a></td>
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<td>WRIISC-HOME: Registry Exams: What Clinicians</td>
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<td><strong>WRIISC-HOME: Tips for Working with Veterans with Airborne Hazards Concerns</strong></td>
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<td><strong>WRIISC-HOME Military Exposures and Women's Health</strong></td>
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<td><strong>WRIISC-HOME How the WRIISC Can Support Your Work with Veterans with Exposure Concerns: Resources and Tips for Providers</strong></td>
<td><a href="https://www.train.org/vha/course//">https://www.train.org/vha/course//</a></td>
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**ENDURING CURRICULUM ACCESS:** Go to VA’s Talent Management (TMS) Home Page on the date of each event. Click on “Learning” then scroll down and enter “WRIISC” in the find learning box to locate the training by title and for the LIVE access link. LIVE access is also available on VHA’s TRAIN Learning Network [https://www.train.org/main/search?type=course](https://www.train.org/main/search?type=course) by conducting the same search.

**SHAREPOINT CURRICULUM ACCESS:** Go to [WRIISC Webinars - WRIISC-PDHS-2021-Webinar-Series - All Documents](sharepoint.com)