



USEFUL RESOURCES

FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES

Here is a collection of some reliable websites you can visit for health information. Many of these are directed specifically to Veterans or service members.

VA GOVERNMENT SITES

- Department of Veterans Affairs (VA)
<http://www.va.gov>
- VA Health Outcomes Military Exposures
<http://www.publichealth.va.gov>
- War Related Illness and Injury Study Center (WRIISC)
<http://www.WarRelatedIllness.va.gov>
- VA Post-9/11 Transition and Case Management
<https://www.va.gov/post911veterans/>
- VA Women Veterans
<http://www.womenshealth.va.gov>
- VA Office of Research & Development
<https://www.research.va.gov/>
- VA Caregiver Support
<http://www.caregiver.va.gov>
- VA Benefits Administration
<https://benefits.va.gov/benefits/>
 - VA Public Disability Benefits Questionnaires
https://www.benefits.va.gov/compensation/dbq_publicdbqs.asp
 - VA Office of Public and Intergovernmental Affairs- Chapter 2 Service-connected Disabilities
<https://www.va.gov/opa>
- VA Mental Health
<https://www.mentalhealth.va.gov>
- Mental Illness Research, Education and Clinical Centers (MIRECC)
<http://www.mirecc.va.gov/coaching>
- National Center for PTSD Program of the Department of Veterans Affairs
<http://www.ptsd.va.gov>
- VA Mobile Apps
<https://mobile.va.gov/appstore>
- My HealtheVet
<https://www.myhealth.va.gov>

- VA Whole Health
<https://www.va.gov/wholehealth/>
- VA Jobs
<http://www.va.gov/jobs/>
- Vet Centers
<http://www.vetcenter.va.gov>
- VA Directory of Veterans Service Organizations
<https://www.va.gov/vso/>

NON-VA GOVERNMENT SITES

- American Public Health Center (APHC)
<https://phc.amedd.army.mil/Pages/default.aspx>
- Deployment Health Clinical Center
<https://armymedicine.health.mil/Innovations/1999DHCCenter>
- National Academies of Sciences Engineering Medicine- Health and Medicine Division (HMD)
<http://nationalacademies.org/HMD>
- National Institutes of Health (NIH)
<http://health.nih.gov>
- Centers for Disease Control and Prevention (CDC)
<http://www.cdc.gov>
- MedlinePlus
<http://medlineplus.gov>
- Healthfinder®
<https://health.gov/myhealthfinder>
- Social Security for Veterans
<http://www.socialsecurity.gov/people/veterans>

GENERAL HEALTH

- Krames
<http://www.geisinger.kramesonline.com/>
- Smoke Free
<https://veterans.smokefree.gov/>





MENTAL HEALTH

- **Veterans' Crisis Line**
<https://www.veteranscrisisline.net/>
- **National Institute of Mental Health**
<http://www.nimh.nih.gov/health/index.shtml>
- **Mental Health America**
<http://www.nmha.org/conditions/post-traumatic-stress-disorder>

Post-Traumatic Stress Disorder (PTSD) and Traumatic Stress

- **Mayo Clinic**
<http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/definition/con-20022540>

Traumatic Brain Injury (TBI)

- **The Defense and Veterans Brain Injury Center**
<https://hiddenheroes.org/resource/defense-veterans-brain-injury-center-dvbic/>
- **CDC Facts about TBI**
http://www.cdc.gov/traumaticbraininjury/get_the_facts.html

READJUSTMENT TO CIVILIAN LIFE AFTER DEPLOYMENT

- **Military OneSource**
<http://www.militaryonesource.mil>
- **After Deployment**
<https://www.afterdeployment.org/>
- **The Mission Continues**
<http://www.missioncontinues.org>
- **Vietnam Veterans of America**
<http://www.vva.org>
- **Yellow Ribbon Foundation**
<http://www.yellowribbonfoundation.com>
- **Navy/Marine Corps Relief Society (NMCRS)**
<http://www.nmcrs.org>
- **Official Non-Profit of the US Army**
<http://www.aerhq.org>
- **Air Force Assistance Fund**
<http://www.afas.org>
- **Military OneSource**
<https://www.militaryonesource.mil/>

Employment

- **Department of Labor**
<https://www.dol.gov/>
- **Helmets to Hardhats**
<http://www.helmetstohardhats.org>
- **U.S. Department of Defense -Troops to Teachers**
<http://www.proudtoserveagain.com>
- **Solider for Life – Transition Assistance Program**
<https://www.sfl-tap.army.mil>
- **GI Jobs**
<http://www.gijobs.com>
- **Show Your Stripes**
<http://www.showyourstripes.org/>

Education and Financial Assistance

- **GI Bill**
<http://www.benefits.va.gov/gibill/>
- **Military Order of the Purple Heart**
<http://www.purpleheart.org/>
- **Angel Flight NE**
<http://www.angelflightne.org>
- **Veterans Consortium Pro-Bono Program**
<http://www.vetsprobono.org>

PEER SUPPORT

- **Vets4Warriors**
<https://vets4warriors.com>
- **Wounded Warrior Project**
<http://www.woundedwarriorproject.org>
- **Make the Connection**
<https://www.maketheconnection.net/>

COMPLEMENTARY AND ALTERNATIVE MEDICINE

- **National Center for Complementary and Alternative Medicine**
<http://nccam.nih.gov>

