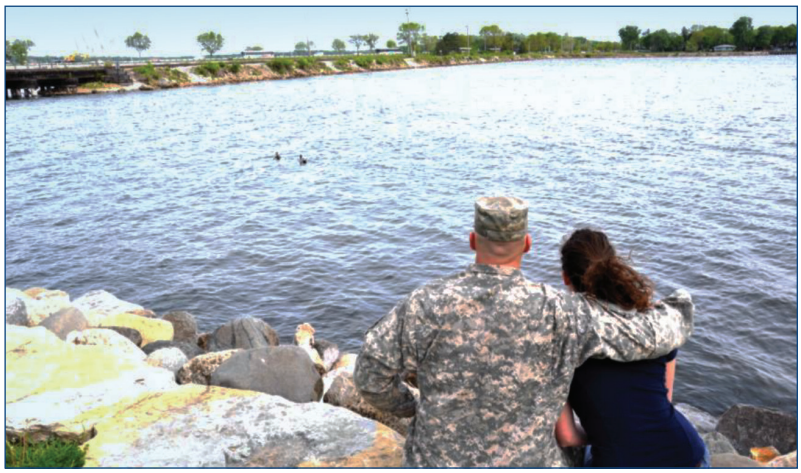
Do you have symptoms of PTSD?



Are you a Veteran with symptoms of Post-Traumatic Stress Disorder?

(e.g., re-experiencing a traumatic event, avoiding stressful situations, negative feelings, sleep problems, unable to relax)

You may be eligible to participate in a non-drug study involving a group-based breathing meditation treatment or a well established one-on-one talk therapy.

www.warrelatedillness.va.gov/ptsd

Contact our Study Team at:
(650) 785-6661

WRIISC
War Related Illness & Injury Study Center

Study Location

VA Palo Alto
3801 Miranda Ave.
Palo Alto, CA 94304

Frequency

2 days / week
for 6 weeks

Follow-up interviews at
1 & 12 months

Compensation

$400 for completing
entire study

For general information about participants rights, contact:
1-866-680-2906