



Packing for your Homotel stay at the VA Palo Alto WRIISC

The Palo Alto VA homotel is a modest double occupancy motel-type room reserved for veterans traveling to the Palo Alto VA from distances greater than 50 miles. The amenities are quite modest and a few items from home will make your stay more comfortable

Before you pack please contact the airlines you are flying to review the current flight restrictions and check the weather report for the week for Palo Alto, California.

Important Medical Information

- Bring a copy of all non-VA medical records including lab tests, images and reports
- Bring a week's supply of your current medications

For your comfort in the Homotel room

- Bring your own pillow, an extra towel and small blanket
- Penlight or small flashlight

Clothing

- Comfortable casual clothing that can be layered for warm or cool weather
- Comfortable shoes
- Sweatshirt/Jacket
- Socks/Underwear
- Pajamas/slippers/robe
- Shower/Pool shoes

Toiletries

- Dental kit, Manicure kit, Shaving kit
- Shampoo/conditioner
- Brush/comb

Optional

- Writing materials/books/games/laptop (for the evening and time between appointments)
- Ear plugs/sleep mask
- Your own food/snacks
- Swim suit/swim cap/goggles/shower shoes
- Sunscreen/sunglasses
- Hair Dryer
- Spending money
- Lip balm
- Cap
- Watch
- Cell phone

Do Not Bring Any Contraband

- No Weapons
- No Alcoholic Beverages
- No Narcotics or Drug Paraphernalia
- No Pornographic Materials
- No Valuables